

PCT/JP2004/019330

Applicant: Calpis Co., Ltd.

Translation of Amendment under Article 34, PCT

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CLAIMS

1. A skin moisturizer for oral intake comprising as an
active component fermented milk whey obtained by
10 fermentation of milk with *Lactobacillus helveticus*.

2. The skin moisturizer for oral intake according to claim
1, wherein said *Lactobacillus helveticus* is *Lactobacillus*
helveticus CM-4 (deposited at International Patent
15 Organism Depositary, National Institute of Advanced
Industrial Science and Technology under accession number
FERM BP-6060).

3. Functional food and beverage comprising the skin
20 moisturizer for oral intake of claim 1, and having a
moisturizing effect.

4. Use of fermented milk whey obtained by fermentation
of milk with *Lactobacillus helveticus* for the manufacture
25 of a skin moisturizer for oral intake or functional food
and beverage having a skin moisturizing effect.

5. A method of moisturizing skin comprising orally administering fermented milk whey obtained by fermentation of milk with *Lactobacillus helveticus*, to a subject.

5 6. (Newly Added) The skin moisturizer for oral intake according to claim 1 or 2, having a filaggrin synthesis promoting effect.

7. (Newly Added) A filaggrin synthesis promotor
10 comprising as an active component fermented milk whey obtained by fermentation of milk with *Lactobacillus helveticus*.

8. (Newly Added) An agent for remedying dry skin for oral
15 intake comprising as an active component fermented milk whey obtained by fermentation of milk with *Lactobacillus helveticus*.